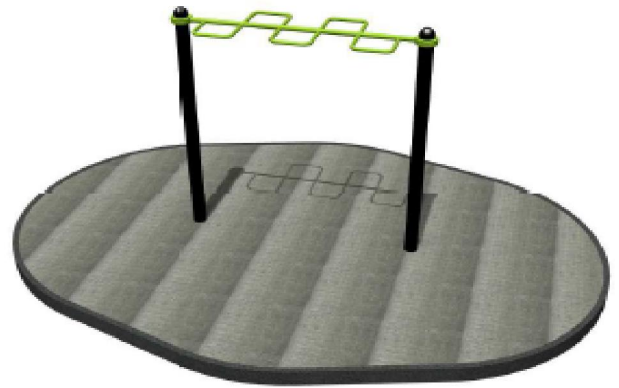
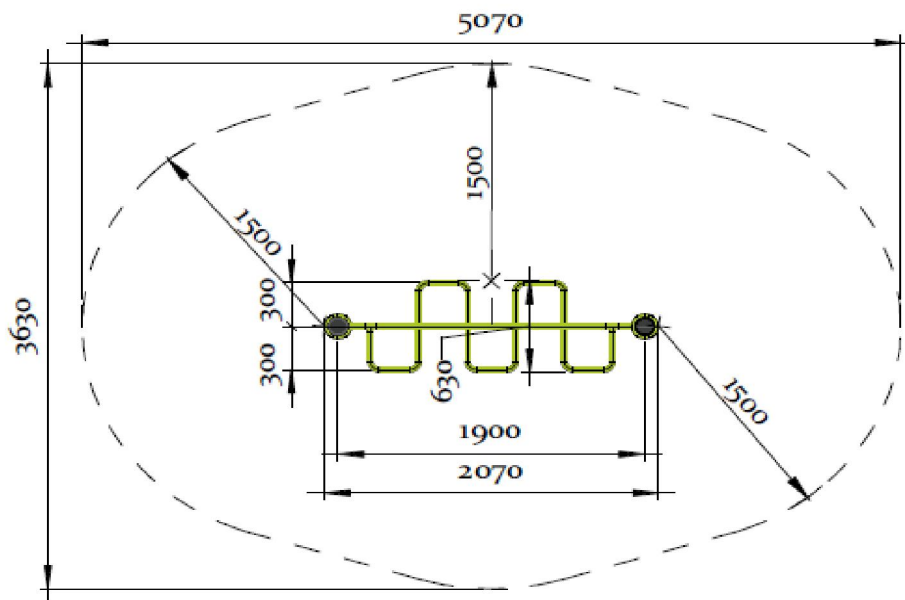


## Description

The horizontal wave is a dominant piece of equipment in outdoor workout parks, as it is suitable for dynamic hanging exercises and for pull-up exercises with different types and widths of grips. Hanging is a very simple exercise but it has many variations with different levels of difficulty that basically move the muscles of the entire body. Hanging, as a basic exercise in bodyweight training, can be done using a simple bar as well, however, the horizontal wave provides greater room for the combination of different training elements making training more enjoyable and diverse.

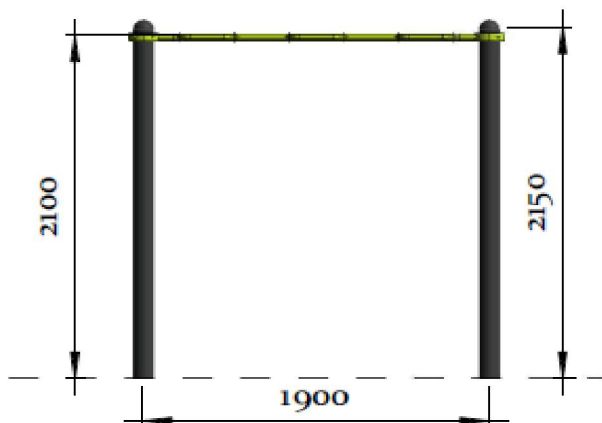


## Plan View



**Producer:**  
 Katker 2005 Kft.  
 4027, Debrecen,  
 Füredi St.49-51

## Side View



## Technical Datas

Demonination	Horizontal wave
Number	FKP14-E110
Certificate	EN 16630
Required floor area	12,8 m2
Column distance	1900 mm
Height (min-max)	2100 mm
Critic falling height (HIC)	1100 mm